



Can a Nose Job Melt? 5 Truths About Rhinoplasty

It's time to get to the bottom of five ridiculous rumors about rhinoplasty:



Fact or Fiction: *Rhinoplasty could affect your voice.*

Fact.

"Rhinoplasty, Septoplasty and Sinus surgery can all potentially affect the quality of your voice," says [Dr. Shervin Naderi](#), a facial plastic surgeon from Washington DC.

Although the changes are generally subtle enough that only trained musical ears can detect it, many vocalists just say "no" to nose jobs. Example: Barbara Streisand.



Fact or Fiction: *If you're seeking a nose job, there's a 33% chance you're crazy.*

Fact.

Well, maybe. A recent study from Belgium suggests that 1 in 3 people who opt for rhinoplasty have a mental condition called Body Dysmorphic Disorder (BDD). The 16-month study published by [Plastic and Reconstructive Surgery](#) involved 226 patients. Of the patients receiving rhinoplasty for purely *cosmetic* reasons, the rate of BDD jumped to 43%!

If you think you need a nose job, it might be worth getting a second - or third - opinion.



Fact or Fiction: *Your nose job could melt in the sun.*

Fiction.

As ridiculous as this myth sounds, it's actually based on a shred of truth: black market [instant nose jobs](#) have been known to use candle wax injections to reshape the nose. As you can imagine, candle wax and heat don't mix well.

Luckily, these methods are illegal. The rubberized silicon or biological tissue that *is* legal used in nasal implants will absolutely not melt in the sun.



Fact or Fiction: *Rhinoplasty could affect your sense of smell.*

Fact.

When you wake up from a rhinoplasty surgery, it's almost certain that your sense of smell will be less than what it was before surgery. Luckily, this side affect is *temporary!*

"Temporary loss of smell and taste sensation after rhinoplasty is not unusual and tends to improve over 3-6 weeks," says Chicago plastic surgeon, [Dr. Otto Joseph Placik](#).

Permanent loss of smell *can* occur, but it is incredibly rare.



Fact or Fiction: *If your surgery goes wrong, you could end up with a detachable plastic nose like Michael Jackson.*

Fiction.

First off, MJ never had a detachable nose- that was just a nasty rumor started by Ray Hultman, a juror from MJ's 2005 trial.

Secondly, despite the small possibility that a rhinoplasty could go wrong, there are many different options for revision. Not a single one of these options involve becoming a living Mr. Potato Head.