

Ask the Beauty Experts



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Beauty experts answer questions about how you can look—and feel—your best

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Question: I have read that for a nose job, it is very important to find a surgeon that specializes in this surgery. Why can't my regular plastic surgeon do my rhinoplasty?

Answer: Your regular plastic surgeon could certainly do your rhinoplasty and may do a very good job, too. But you should know that the nose is the most anatomically and physiologically complex area of plastic surgery and, as such, there are a handful of cosmetic surgeons throughout the United States that have dedicated the vast majority of their surgical practices to operating just on the nose. While perfection can be unrealistic, as specialists, we can get consistently nice results. It is always best to find a surgeon who really focuses on your specific desired surgery, especially in the case of Rhinoplasty.

Question: Is it true that I have to wait a year or more to really see the results of my rhinoplasty surgery?

Answer: Not true at all. My patients start enjoying their new nose as soon as the tape is taken off, which is only one week after their rhinoplasty. They do understand that healing changes the nose for months and even years to come. But nice results are often immediately visible despite any initial swelling. Using meticulous surgical technique, it is possible to get less bleeding, less swelling and less pain. All this usually translates into a quicker and easier recovery.