

For Resurfacing patients Pre & Post Operative Instructions

Clean the areas 4 – 6 times a day starting the day after your surgery with cool tap-water soaked cotton balls. Pat dry, then cover with a THICK layer of Vaseline ointment or Aquaphor. Also get in the shower and let plain cool water clean your face another 2 times a day. Do not use soap or cleaning products on your face. Do not let your face dry or scab. Call if you have excess pain, rash or individual ulcers or pustules on your face as this may be signs of allergic reaction, infection or a herpes outbreak. Take your antibiotic and antiviral medicines as prescribed. Stay out of the sun completely. For the next 3 months you must use sun-block and a hat. Most of the time you will be using a “bleaching” cream skin preparation for 4 weeks prior to your procedure. Stop this the day before your procedure and do not restart until 2-4 weeks after your procedure as instructed by Dr. Naderi. Stop Retin-A products 3 days prior to the procedure and do not restart for at least a month. Start your Anti-viral medication 72 hours prior to the procedure and continue for the full 10 day course. You may have redness and color changes in your skin that may take a long time to resolve. Occasionally these changes may be permanent.