

Otoplasty Pre & Post Operative Instructions

You will have a large head wrap that will be removed the next day after your otoplasty. You will wear an elastic post-op Velcro strap around your ears for one week after surgery. This needs to be worn at all times other than when you clean your incision or shower. Purchase a sport type elastic head-band. You will wear this for 3 additional weeks at bedtime to avoid inadvertent trauma to the ears. Clean the incisions and apply ointment 4x/day without pulling on the ear. Take your antibiotics as instructed. Infections of the ear cartilage may be serious and require long term antibiotic treatment. You may feel your internal sutures or they may protrude from under the skin.