

Chin Implant Pre & Post Operative Instructions

Rinse the inside of your mouth gently with half strength hydrogen peroxide 3-4 times a day and after meals for 10 days. Consult your dentist as this may stain your teeth. Take your antibiotics as there is always a slight chance of infection with implants. **DO NOT** manipulate your face or sleep on your face for 3 weeks to prevent shifting of the implant. Infections of implants may require long term antibiotic treatment or removal of the implant in some cases.

AFTER YOUR CHIN IMPLANT SURGERY

- Any dressing applied to your chin is to remain in place until the next follow up visit, in about 5 days.
- Crushed ice in a plastic bag wrapped in a terry cloth towel may be applied to the chin for 20 minutes every hour for relief of pain and swelling during the first 2 days after surgery.
- You may wash your hair and face the next day after your Chin Implant.
- **SLEEP** on your back with your head elevated about 30-40 degrees. You are encouraged to sleep this way for approximately 3-4 days to minimize bruising and swelling.
- **EAT** soft foods for 1 week. I.E. (Jell-O, pudding, mashed potatoes) Chewing can cause an increase in pain and swelling.
- **TALKING** should be minimized. Excessive talking, laughing and chewing can cause increased pain and swelling.
- To avoid an upset stomach, eat something before taking any medication.
- Take the **PAIN MEDICINE** prescribed as needed or Extra Strength Tylenol as needed. **DO NOT DRINK ALCOHOL** while taking the pain medication.
- Continue taking your antibiotic as prescribed until it's finished.
- You may take the sleeping pill prescribed as needed.